

Office for the Aging Advisory Council Report
On the 29 November 2018 Meeting
To the December 2018 Taghkanic Town Board Meeting

The Advisory Council of the Office for the Aging met on Friday, 29 November 2018, at the Human Services Building in Hudson. It was the last, of three scheduled Fall meetings and was rescheduled because of bad weather conditions.

OFA:

- Extensive testing of **frozen meals** is in progress at the Nutrition Site kitchen in Philmont. To date sixteen different meals have been tested and tweaked for quality produced by the new rapid-freeze system recently installed there. The plan is to be able to provide many more frozen meals of seriously improved quality at less cost in 2019.
- **Safe at Home Program** report focused on how best to communicate and support the program at town levels. Advisory Council members suggested that in addition to the 18 town governments, presentations should be made to the governing body of the four villages in Columbia County and the libraries. Information could also be made available at the food pantries. The goal is to raise awareness of available programs and where people can get program information. It is all part of promoting the importance for people living in rural areas to **plan for how they can live at home successfully with limited mobility** and the need for more in-home services.

The next Advisory Council meeting will be 12 April 2019.

Respectfully submitted,

Joyce Thompson
Town Representative to the Office for the Aging Advisory Council