

Office for the Aging Advisory Council Report

On the 19 May 2017 Meeting

To the June 2017 Taghkanic Town Board

The Advisory Council of the Office for the Aging met on Friday, 19 May 2017. It was the second of three scheduled spring meetings. As is the custom, the meeting was held at the OFA Offices at 325 Columbia Street, Hudson, NY.

Agency News:

- ◆ **OFA:** There continues to be a serious shortage of Home Care Aides in Columbia County. Anyone interested in being trained could call the OFA at (518) 828-4258 and ask for information on how to apply.

The Columbia County Volunteer Appreciation Picnic was held as scheduled on 25 May and the turnout was good despite the rain. Volunteers brought unwanted prescription medications and the Sheriff's department will dispose of them.

Medicare 101 meetings will be held beginning in June at senior clubs and libraries.

Farmers' Market coupons will be available this year in July. This is an income-based program. For more information, please call the OFA at 828-4258.

- ◆ **Columbia County Mental Health continues to** offer open access with no appointment for services by a therapist and/or nurse Monday through Thursday from 9 – 11AM at 325 Columbia Street in Hudson. To make an appointment for another time call 828-9446.

- ◆ **Columbia County Department of Social Services** will hold an ice cream social on 15 June from 1 to 4 pm at 25 Railroad Avenue in Hudson to recognize World Elder Abuse Awareness Day.

Requests for a fan or air conditioner for people with a medical need can call Debby Simons at 818-9411.

Once again, the season for ticks and rabies has begun and people are urged to take precautions.

Council Reports:

- ◆ There was general agreement that it a good idea to keep a small-job list – fondly known as a “Honey Do” list – so when capable family or friends visit, there is a set of immediate tasks for them to do.

The next Advisory Council meeting will be 16 June 2017 at the OFA office in Hudson.

Respectfully submitted,

Joyce Thompson

Town Representative to the Office for the Aging Advisory Council